

WRMC Athletic Trainer Begin a New Season

August, 2007 - Batesville, Ark – Dr. Anthony Milam, PT, Director of Rehabilitation Services for White River Health System has announced the hiring of Keith Shireman, ATC as the Athletic Trainer assigned to Batesville High School.

Shireman holds a Bachelor of Science Degree in Kinesiology from Harding University and has 12 years of experience working with athletes. He worked most recently in Beebe. At Batesville High School, Shireman began the year working with the Pioneer Football team. Throughout the year, he will cover other sports such as volleyball, basketball, baseball, soccer and track working with both girls and boys.

“I came to White River Medical Center and to Batesville because of the outstanding work ethic demonstrated here and the family atmosphere of the community,” Shireman said. “I’ve enjoyed working with the coaching staff and student athletes at BHS and look forward to making a contribution to the athletic programs and to White River Medical Center.”

White River Health System provides full-time athletic trainers at no charge to Batesville High School, Batesville Junior High and Lyon College athletic programs. Trainers work with student athletes and coaches on strength training, conditioning, injury prevention, injury management and rehabilitation. Shawn Tackett, ATC is the trainer at Lyon College and has recently been promoted to the position of Athletic Trainer Coordinator to assist in the over-site of the Athletic Training Program. Jeremiah Sanders, ATC is the trainer assigned to Batesville Junior High. Trainers are also available to coaches at other schools in the area. Coaches may contact the trainers at the WRMC PROS office at 870-262-1271.

“Our athletic trainers work closely with coaches, student athletes and physicians on prevention, and if needed care of sports injuries,” said Milam. “We are proud to be able to provide this service to area athletic teams.”

White River Medical Center is a 200-bed regional referral center and the flagship facility of White River Health System (WRHS), a not-for-profit, multi-facility healthcare organization serving North Central Arkansas. The system includes hospitals, long-term care, outpatient facilities, rural health clinics, physician offices, home health, hospice and home medical equipment.